



Audrey's Angels in a 501(c)(3) charitable organization

Audrey's Angels Angelgram

Audrey's Angels enriches the lives of the elderly by bringing interactive programs into senior group homes.

July, 2010

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Special points of interest:

- **July 11**
Patriotic Sing
- **October 19**
Dementia Workshop
@ Lakeview United
Methodist Church
- **October 28**
Dinner/Auction @
AZ Biltmore Resort

Director's Corner

Linda Alderson, Executive Director

We will be celebrating Independence Day by sharing our patriotism this month with some of the residents that we serve by sending small groups of singers to the care homes. These volunteers will share a short patriotic program with the residents, many of whom are from the "Greatest Generation" as penned by Tom Brokaw. More information regarding this program and other volunteer opportunities are in this newsletter. You will also read a personal story written by Floyd Ganzer whose wife recently passed away and the positive effect that our music had on Elsie's life. Floyd became involved with our organization last year when our group of volunteers visited Elsie's care home to share special holiday music. Since that time, Floyd has been instrumental in speaking to many community members about the importance

of our program and has been a tremendous help in our recent fundraising endeavors. Elsie had the opportunity to enjoy the music and weekly interaction with our Music Angels during the last year of her life. Though Elsie was unique to her family and friends, her story is not unique to our community. There are many "Elsies" living in senior care homes throughout the Valley and though their physical and emotional needs are met by the homeowners, they do not always have the opportunity to receive a connection with the outside world. A world in which they once lived, worked and were a valued part of society. Audrey's Angels envisions a community where the elderly are an integrated, interactive, connected and validated part of our society and it is our mission to reach as many of these wonderful people as possible.

Angels in Action

Audrey's Angels are "Angels". My wife, Elsie, was called home Sunday, June 6, 2010. After living one year and one day in loving care homes, she passed on. She most recently resided comfortably at Golden Swan Manor in Scottsdale where she received great care.

Our finest hours the past year were a lot of our conversations and our first introduction to "Audrey's Angels" whose musicians performed once a week at the home where she was confined. Many times she sang and clapped her hands singing with

these numerous Music Angels. She smiled and was in a world of her own, she loved all the performers and the kindness they bestowed.

One day, after receiving joy from the music she said to me, "This was a wonderful day." I replied to her that it sure was and she went on to say with a smile on her beautiful face, "Well then, everything is copacetic".

- Floyd Ganzer, Scottsdale Resident

News and Events

GRANT FUNDING

Audrey's Angels would like to graciously thank the following 2010 supporters for their generous grant donations, which as of June 30, totaled \$11,245.00:

**Atwood Health Foundation
Central Arizona Project**

John F. Long Foundation

Paradise Valley UMC

Sundt Foundation

Valley Presbyterian Church

GOLF @ THE RAVEN

Our 7th Annual Golf Tournament was held at the Raven Golf Club on May 2, 2010. The event was a great success as we made over \$11,000 for our organization! We thank all the supporters of this event including the 56 dedicated golfers who braved the very strong wind that day! Please mark your calendars now for our 8th Annual Golf Tournament which will be held on May 1, 2011

OCTOBER 28, 2010 DINNER

We will hold our 9th Annual Dinner/Auction on Thursday, October 28 at Arizona Biltmore Resort and Spa. Our guests will once again be treated to special music and we will have a bountiful array of auction items to choose from. Please watch your mail for the invitation and visit our web site for updates and more information on this fun and important fundraising event!

Understanding the Journey of Dementia

On January 23, 2010, Audrey's Angels partnered with Hospice of the Valley and Paradise Valley United Methodist Church to hold a workshop entitled "Understanding the Journey of Dementia". Over 90 community members and care home owners attended this valuable workshop. Hospice of the Valley Speakers, Maribeth Gallagher, MS, NP, and Rebekah Wilson, MSW, led the discussion. The attendees left that afternoon with a better understanding of dementia, a greater sense of value about their care giving role, connection strategies when words don't work, and help with dealing with thoughts and feelings as a caregiver or family member of a loved one with dementia.

An article written by one of the workshop par-

ticipants, Floyd Ganzer, was published in the March 25, 2010 issue of the Scottsdale Republic. Please visit our web site: www.audreysangels.org to read the article in its entirety. Floyd learned new ways to communicate with his wife who had lived for many years with dementia. He wrote, "Suddenly I understand with insight and clarity. Where I once was lost, now I see a glimmer of grace."

We will be partnering once again with Hospice of the Valley to hold another dementia workshop on Tuesday morning, October 19, 2010 from 9-12 at Lakeview United Methodist Church in Sun City. There is no cost for this workshop, but registration is required. Please visit our web site or call our office for more details.

Volunteer Opportunities

PATRIOTIC SING

Please plan to join us on July 11 at 2:00pm for our Volunteer Patriotic Singing Event. We will send small groups out to sing at 3-4 care homes on Sunday afternoon and we will then enjoy some fellowship time at the home of our Board Member, Cindy Griffin. Please call the office at 602-795-2122 if you wish to take part in this special and fun event!

HOLIDAY SING

We will hold our annual Holiday Singing Program on a Sunday afternoon in December. Please call the office at 602-795-2122 or e-mail Linda@audreysangels.org to be placed on the volunteer singing list and we will contact you with the details. The more volunteers we have, the more residents we can reach!

BOARD OF DIRECTORS

Our Board of Directors is made up of a wonderful group of dedicated volunteers who meet monthly to work on upholding our mission of enriching the lives of the elderly. If you would like more information about becoming a Board Member, please contact our office at 602-795-2122 or e-mail audreysangels@cox.net



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- Floyd Ganzer, Scottsdale Resident

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Touching the lives of the elderly

We're on the Web!
www.audreysangels.org

Staff

Linda Alderson, Ex. Director
Jeannette Delster, CFO
Amy Scharnberg, Prog. Coordinator

**Board of Directors
2010**

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Earl Northcutt, Chairman
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Jim Poey, Treasurer
Maggie Wilder, Secretary

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David Van Vlack
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